

HETTON SCHOOL – AUTUMN TERM

WC 15.01.18; 05.02.18

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FAVOURITES	Homemade Pork & Apple Platt with Spicy Wedges ✓ Mac'n'Cheese	Beef Lasagne with Garlic Bread Lemon Herb Crusted Salmon & New Potatoes	Roast Pork and Sage & Onion Stuffing with Oven Roasted Potatoes ✓ Sneaky Bean Pie	Sticky B.B.Q. Chicken Leg with Herby diced Potatoes Cottage Pie	Fish Shop Day Deep Fried Fish in Batter Fish Fingers Sausages in Batter Chicken Dippers ✓ Veggie Sausages in Batter
STREET EATS HOT PASTA BAKED POTATOES PANINI'S PIZZA SPICY RICE TORTILLA WRAPS	Sweet & Sour Chicken with 50/50 Rice Turkey, Stuffing & Gravy baguette ✓ Cheese & Tomato Pizza	✓ Veggie Chilli with 50/50 Rice ✓ Cheese & Onion Panini Meatball Pasta	Ham & Mozzarella Stromboli (rolled pizza) Chilli Chicken Wrap ✓ Basillico Pasta	✓ Home made Cheese Pasty Spicy Tuna Panini ✓ Zingy Peppers Pasta	✓ Veggie Paella Peri Peri Chicken Wrap ✓ Veg Sizzler Pizza
VEGETABLES SALAD & COLESLAW ALSO AVAILABLE	Fresh Carrots Tossed Salad	Sweet corn Fresh Cabbage	Mashed Swede Whole Green Beans	Roasted Fresh Vegetables Broccoli Florets	Garden Peas/Mushy Peas Baked Beans Chipped Potatoes
DELICIOUS DESSERTS	Lemon Drizzle Cake	Pineapple Upside Down with Custard	Courgette Cake & Custard	Chocolate Ice Cream Roll	Baked Apple Queen Pudding
Fresh fruit, fresh fruit pots, fresh fruit salad, sugar free jelly and yoghurts also available					

ALSO AVAILABLE DAILY

GRAB 'N' GO

Boxed Salads – crisp and fresh, including carrots, peppers, chickpeas, spinach, mixed beans, beetroot, cucumber, etc

Sandwiches – made fresh on site every day; **Cold pasta pots** - meat and vegetarian options; **Chilled plain & flavoured waters and milk**

“DELI BAR” – CHOOSE YOUR BREAD, CHOOSE YOUR FILLING – TAILOR MADE FOR YOU

A TWO COURSE MEAL DEAL IS AVAILABLE EVERY DAY, PLEASE SEE SEPARATE MEAL DEAL POSTER

FOOD ALLERGIES AND INTOLERANCES - Before choosing your meal, please speak to a member of the catering staff about your requirements