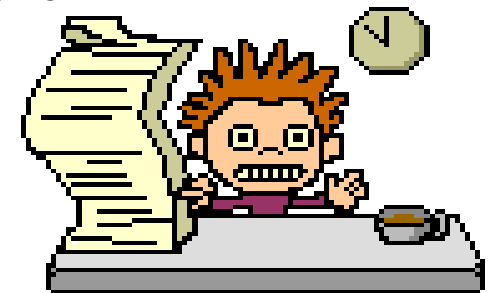


When revising you could do the following:

1. Read through your books
2. If you do not understand something ask somebody.
3. Choose the memory tricks that work best for you
4. Create posters to help you to organise information
5. Create cards with key points and practice
6. Use past papers to practice answering questions



OR



FREAK OUT!



Your own notes are best.

Whilst revision guides can be useful, the more you personalise your revision the more effective it will be, so the notes you make are best. The process of making the notes is part of your revision and once you "own" the work it is easier to remember.



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Chunking



Chunking is breaking up a big piece of information into smaller chunks rather like steps in a ladder. It can be used for numbers and words. Often students use Bullet points to break up information.

Try to remember this by breaking it up into chunks:

The average person can take in four numbers or words at a time, can concentrate on revision for a maximum of 45 minutes at a time and remembers information best shortly before bedtime.

Chunked:

- ❖ Remember 4 words/numbers at a time
- ❖ Revision max 45 mins.
- ❖ Remember best before bedtime

Stands
For
Something

Mnemonics

Mnemonics help you to remember by using short words that stand for something to help you. Here is a Mnemonic for **REVISION**.

Rest

Exercise

Variety

Imagination

Structure

Individual

Ongoing

Not too long



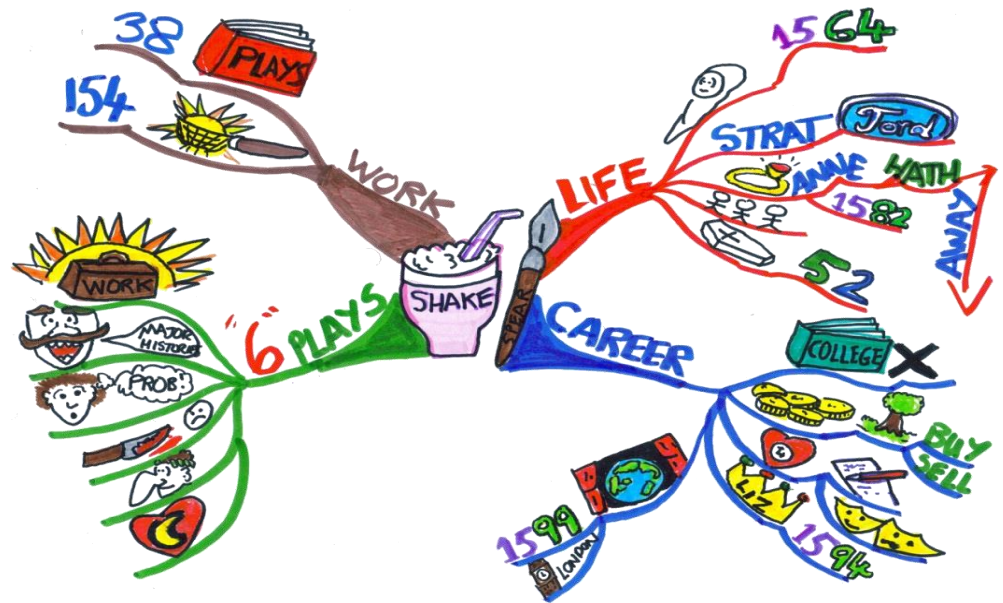
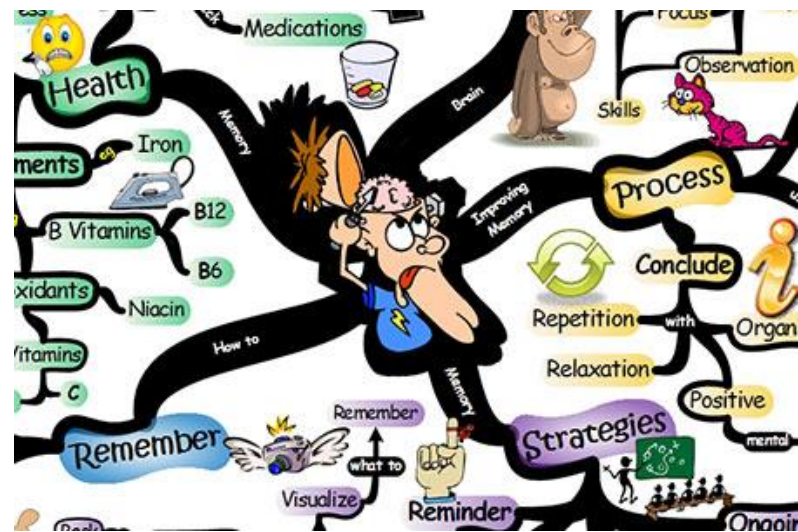
Association



Association helps a lot of people to remember, because it is much more powerful when we use our imagination. The idea is to link objects and ideas to each other in the craziest way possible.

Mind maps (Also called Spider grams) are good for remembering topics and sub-topics, such as characters in a book. On the other hand concept maps are good for remembering items where the order is important, such as the storyline (plot).

1. Imagine a Mind map is like a giant Spider's Web with all the ideas around it. The spider (or main idea) is in the middle and everything is around it. The most important ideas are in the middle and the sub-topics go out further and further.



Card Cover



Two ways to practice with cards:

1. Put the answers on the back, but you will need to remember more at once before you check

OR

2. Use a piece of paper and move down to reveal answers as you guess the contents.

These techniques are very useful for checking that you know key facts.



Practice

QUIZZES

Test Cards

1. I read
2. I cover it up
3. I test myself



PAST PAPERS

Brain Friendly Revision



Order/Sequence

Have a look through your notes/books and order or sequence the notes. Place them in a logical sequence so you can see how things progress. You may find a more logical way of seeing things.



Reading Out Loud

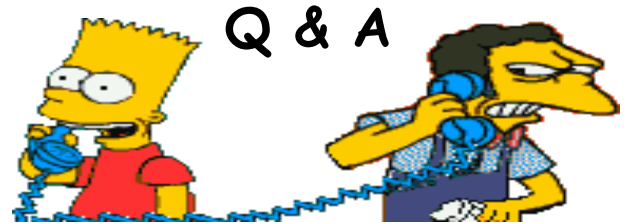
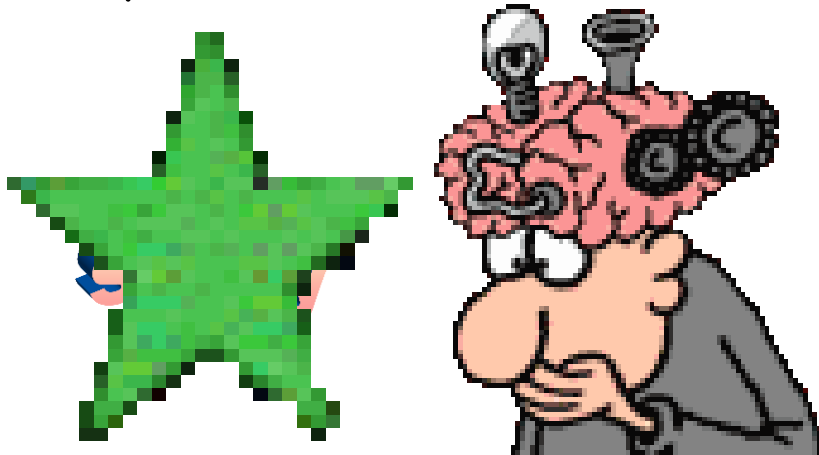
Read your revision notes out loud to a particular rhythm - this could be set by music playing in the background or tapping your foot or by walking calmly and steadily. This is a sort of walk and talk.



Brain Friendly Revision



Change key words in the topic for pictures or symbols or abbreviations and use those in your revision



Devise questions and answers about a topic for other people and quiz each other.

You could think of doing a "Who wants to be a millionaire" game where the questions are graded according to the difficulty you choose.

Brain Friendly Revision

Questions



Ask questions before you revise anything. Think about the topic to be studied and take some time out to think about the questions you would like to have some-one answer for you. Write them down and as you read through your notes jot down any answers you find.

The brain likes looking for answers. Go and get help for any answers you do not find.

WHY? WHERE? WHEN? WHAT?

Post-its



Write information on post-it notes and place them on the wall, door, large sheets of paper etc. You can then rearrange them according to a variety of ideas:

- Group various things together
- Organise them into what you know and don't know - rearrange as you learn more
- Follow trends or themes

Brain Friendly Revision

Tapes

Record yourself. It could be you reading your notes out loud. It could be you singing your notes.

It could be you reading and then stopping to summarise what you have read (key words, ideas, phrases, quotations)

or

Asking questions on what covered.



Listen to the tape as you lie in bed, walk to school, travel on the bus.

Visuals

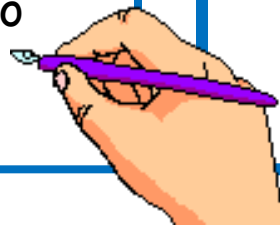
- Make good use of drawings / diagrams in your revision.
- Use different colours.
- Replace key words / ideas / people / places with pictures.
- Create and put posters up around your home.



Brain Friendly Revision

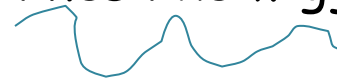
Highlighters

As you read through your notes use different coloured highlighters to pick out key words / themes / ideas / points etc. You could try a different colour for each theme or topic. There are revision websites where you can read revision notes and highlight as you go. You can use very small post-its to highlight things as you go along.



Underlining

- ❖ As you read through the work in your exercise book underline key words.
- ❖ You could come up with a predicted list before you start or you could make a list of the key words at the end.
- ❖ You could underline in different colours, patterns or lines like wiggly, thick etc.



Brain Friendly Revision

Make lists

- Bullet point them

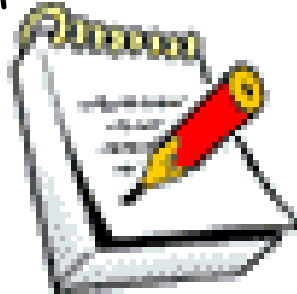
Or

1. number them

Or

- a) letter them

According to what suits you best. Numbers will definitely suit those who are more comfortable using their left/logical, side of the brain.



Use Colour

Your brain just adores **colour** and will **remember** things much more easily **if you use it**.

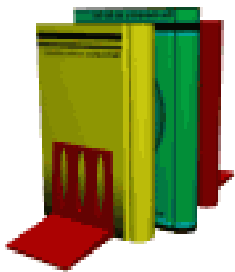
E.g. put all the important words in **red**, the important concepts in **green**, important dates in **purple** etc.



Brain Friendly Revision

Re-write the topic in your own words.

Find out why you are learning it—then make it interesting for you.



Reward yourself

Once you have learned something give yourself a treat. Go out with some friends for an hour, watch TV but only once you have reached your revision target.

